Health Education Strategies:
Engaging Parents in Sex Education

Wendy L. Sellers, RN, MA, CSE, FASHA
(she/her)

The Society
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Welcome! Join Our Community

1. Rename with pronouns

2. Introduce with name, organization, and location

Learning Targets

By the end of this webinar, participants will be able to…

1. Apply strategies for **parent education and engagement** for sex education and health education.
2. Practice **distance learning strategies**.
3. Identify **resources** to support parents that are providing sex education.

Notetaking: https://bit.ly/33UcrVr

Public Me

Puberty: the Wonder Years
Less Shame... More Wonder
www.PubertyCurriculum.com

- Mother of 2
- Grandmother of 9 (ages 10 mos to 11 yrs)
- Registered nurse
- 35+ years of experience
- The Puberty Lady
- Puberty: The Wonder Years
- Certified Sexuality Educator

Intersectional Me

- Cisgender hetero female
- White, British, Baptist
- Granddaughter of immigrants
- Raised conservative, sheltered
- Middle class
- College educated
- Perceived able-bodied
- Live on tribal land

What Roles Do We Play?

1. Parent Education and Engagement

Question #1

Poll

What do you think is the most controversial topic in health education?

FOOD
FIGHT!

Question #2

Poll

What percentage of parents place high importance on sex education in MS & HS?

Be Brave! Build Support!

- 89% of likely voters think it is important to have sex education in middle school.*
- 98% of likely voters think it is important to have sex education in high school.*
- More than 93 percent of parents place high importance on sex education in both middle and high school.**

* https://siecus.org/survey-says-people-support-sex-ed/
** https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5495344/#:~:text=More%20than%2093%20percent%20of,both%20middle%20and%20high%20school

Strategies 1 to 5

1. Select a name
2. Poll parents about preferences
3. Explain communication process
4. Respond
5. Be consistent

Strategies 6 to 10

6. Utilize social media
7. Hold virtual parent meeting
8. Notify ahead of time (samples)
9. Be transparent
10. Encourage partnership (samples)

Homework develops parent-child communication.

Family Partnership Flyers inform & equip parents.

Online Parent Course

Self Paced

Available 24/7

Short modules

Helpful handouts

Learn more

Carousel Brainstorm – 4 Groups

Go to https://drive.google.com/file/d/178zAwqBJcZ1SeOLTf3DwSAvSA3YdBSLO/view?usp=sharing

Answer question that is same as your group number.

Move to other questions as desired. (7 minutes)

2. Distance Learning Strategies

Virtually Speaking

- Ground rules & agreements
- Explain virtual adaptations
- Explain how to use technology
- Support social-emotional needs
- Make accommodations for equity
- Allow anonymity

How to Use Padlet

1. To add to a Padlet, click on the +
2. Type in your question.
3. Click on triple dots to select a color, edit, delete.
4. Click outside your text box to save.

Padlet: Anonymous questions https://padlet.com/health4hire/QuestionBox

How to Use Jamboard

1. On the left side, click on the sticky note, 4th icon down.
2. Type in your answer.
3. Pick your color if you like.
4. Click "Save"
5. Move it so it doesn't cover another sticky note.

Jamboard examples: https://jamboard.google.com/d/1janlbNLuVzGghAJenWZ1pAIIpMT7B3rgfrlg5X7SuhE/edit?usp=sharing

Virtually Speaking

Online tools available:

https://docs.google.com/spreadsheets/d/1tKgsVJXZqD9R1pLKCOf0dznLJRgDxE-SZFB8my_VA6M/copy

3. Resources

Parent Sex Ed Resources

Add to the list!

https://docs.google.com/spreadsheets/d/1berupMRnKPaoJt-GrCsOAAs7AYIZ4bQI1plho2DKogg/edit?usp=sharing

Resources

Q & A Discussion

Wendy Sellers

Wendy.Sellers@PubertyCurriculum.com

www.PubertyCurriculum.com