	Middle School					
Grade	**Category**	**Title**	**Description**	**Type**	**Product Details**	**Retail Price**
Middle School						
Recommended for all teachers	School Health	California Health Skill Posters for Middle School	The posters are California specific. That means that they directly correlate with the National Health Education Standards (NHES), but have titles that are unique to California. Seven of the standards are skill standards and one is concepts. The communications standard has two posters, Interpersonal Communications and Refusal Options because the steps and cues for the refusals sub-skill are unique. Health Education Skills: - Analyzing Influences - Accessing Valid Information - Interpersonal Communication - Refusal Options - Decision Making - Goal Setting - Practicing Health-Enhancing Behaviors - Health Promotion	posters	Eight 11x17 posters	29.95
COVID-19	Infection Prevention	Infection Prevention Lessons for Teens Includes COVID-19 Information	The COVID-19 pandemic has heightened the importance of education about effective ways to help stop the spread of germs. Topics include: pathogens/germs, infection, how germs are spread, and methods of prevention. This module contains three lessons appropriate for adolescents/middle school students and three lessons appropriate for teens/high school students. Every lesson has distance learning adaptations including narrated PowerPoint presentations. Digital downloads for activity sheets, fact sheets, and PowerPoint presentations.	curriculum	binder	64.95
	Infection Prevention	If You are Sick Don't Go... Stay Home! Poster and/or Pamphlets	Top-selling poster and pamphlets. Motivate that if you are sick you should stay home. Don't go to work, school, shopping, dining out, and other communal activities where you can spread the disease. The pamphlet gives you information about how you get sick and how to treat a cold or the flu.	kit	1–11 x 17 poster, 50 tri-fold pamphlets—English	29.95
	Infection Prevention/ Handwashing	What's on Your Hands Poster and/or Pamphlets	Our Best-selling Hygiene Poster and Pamphlet. Grab attention with shock and awe to encourage hand washing. This poster shows viruses and bacteria that are on things you touch every day. The matching pamphlet gives you more information about how germs get inside you and how hand washing can stop them.	kit	1–11 x 17 poster, 50 tri-fold pamphlets—English	29.95

Middle School

Grade	Category	Title	Description	Type	Product Details	Retail Price
	Infection Prevention/ Handwashing	Don't shake hands. Try this instead! Poster	Teach How to Greet People While Keeping Your Distance. Humorous cartoons illustrate fun ways to say hi while social distancing.	poster	11 x 17 poster	14.95
	Mental Health	Concerned About Suicide? Caregiver Poster and/or Fact Cards	What You Can Do to Help a Suicidal Person? Show you care. Ask about suicidal intent. Offer hope. Get help. Teach about warning signs for suicide and resources for getting the help they need. Includes the Suicide Prevention Lifeline's phone number and website.	kit	1–17 x 11 poster, 50 fact cards	29.95
	Mental Health	Concerned About Suicide? Female Poster and/or Fact Cards	What You Can Do to Help a Suicidal Person? Show you care. Ask about suicidal intent. Offer hope. Get help. Teach about warning signs for suicide and resources for getting the help they need. Includes the Suicide Prevention Lifeline's phone number and website.	kit	1–17 x 11 poster, 50 fact cards	29.95
	Mental Health	Concerned About Suicide? Male Poster and/or Fact Cards	What You Can Do to Help a Suicidal Person? Show you care. Ask about suicidal intent. Offer hope. Get help. Teach about warning signs for suicide and resources for getting the help they need. Includes the Suicide Prevention Lifeline's phone number and website.	kit	1–17 x 11 poster, 50 fact cards	29.95
Essential Mental Health	Mental Health	Social Media and Mental Health Lessons for Middle and High School	Help Students Engage in Positive Decisions Toward Digital Citizenship. Teach students about social media responsibilities and effective online communication. Increasing the positive effects of social media on self-esteem takes education. The lessons teach students about social media user responsibilities and communicating effectively in online formats. These lessons, written by Charity C. Escott, M. Ed and Kathleen Middleton, MS, MCHES can be placed in a variety of subject areas or taught as stand-alone lessons.	curriculum	binder	49.95

Middle School

Grade	Category	Title	Description	Type	Product Details	Retail Price
Essential Mental Health	Mental Health	Mental Health Lessons for Middle and High School	Easy-to-use Lessons Give Educators Strategy and Methods to Teach About Mental Health. Use this flexible curriculum to provide educators with the opportunity to proactively educate students on mental heath topics and equip them with effective coping strategies. The lessons written by Charity C. Escott, M. Ed and Kathleen Middleton, MS, MCHES, can be woven into a variety of classes, taught as a unit, or used to supplement other curricula.	curriculum	binder	49.95
	Bully Prevention/Mental Health	Stop It! Bully Poster Series	Alert teens about bullying and how to stop it! A series of posters for teens that illustrate how words and actions are commonly used to bully and hurt others. Direct teens to step in and just STOP IT! Appropriate for Middle and High School classrooms, after school programs, advocacy campaigns, and many other settings.	kit	5–17 x 11 posters, CD	59.95
	Bully Prevention/Mental Health	Cyber Bullying Poster and/or Fact Cards	Learn What You Can Do to Stop Cyber Bullying Do you feel scared and helpless? Cyber bullies are mean and hurtful, posting rumors, hurtful images, or videos. Sometimes they threaten violence or encourage suicide. This poster and coordinating fact card help you find out what you can do to stop cyber bullies.	kit	1–11 x 17 poster, 50 fact cards—girl in red	29.95
	Bully Prevention/Mental Health	Cyber Bullying Poster and/or Fact Cards	Learn What You Can Do to Stop Cyber Bullying Do you feel scared and helpless? Cyber bullies are mean and hurtful, posting rumors, hurtful images, or videos. Sometimes they threaten violence or encourage suicide. This poster and coordinating fact card help you find out what you can do to stop cyber bullies.	kit	1 poster, 50 fact cards—girl in blue	29.95
	Nutrition/Physical Activity	10 Tips Nutrition Education Poster Series Kit for Middle and High School	This kit adapted from the USDA MyPlate materials, features 10 healthy eating tips on each poster. Eye-catching posters and handouts provide students and families with a wealth of suggestions and easy-to-follow tips for eating healthy meals and snacks. The CD provides printable take-home educational 8½" x 11" print files of the poster series.	kit	9–11 x 17 non-laminated posters, CD	59.95

Middle School

Grade	Category	Title	Description	Type	Product Details	Retail Price
	Nutrition/Physical Activity	Quick Food Portions Poster and/or Fact Cards	EDUCATE ABOUT PORTION SIZES People need to learn not just which foods are healthy but also what amount is considered a serving. This kit uses hands and familiar objects to help judge correct portion sizes. Take-home fact card re-enforces how important portion size is to maintain a healthy weight. 11" X 17" laminated poster Fact card sizes are 3⅝...	kit	1–11 x 17 poster, 50 fact cards	29.95