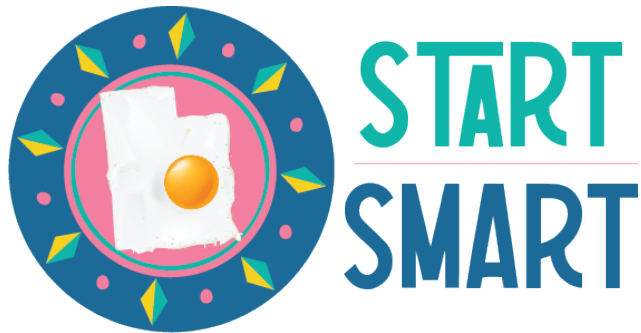




State Spotlight: Utah



Highlights of WSCC Implementation in Utah

As part of Utah's Strategic Plan Goal 3, Safe & Healthy Schools, Utah has implemented the following:

- [Start Smart Breakfast Program](#): Legislation passed to require NSLP schools to also provide breakfast. Additionally, schools with 70% or more students that qualify for free and reduced meals must serve breakfast after the bell. This drops to 30% by school year 2024.
- [Recess Guidance](#): Recess time is calculated into the K-6 school day and should not be withheld for punishment or remediation.
- [Model Wellness Policy](#): As part of [Utah's Strategic Plan](#) a comprehensive model wellness policy was created to support LEAs in adopting and implementing better practices for students and staff.

Key WSCC Components:



Nutrition
Environment
& Services

Physical
Education &
Physical Activity

Community
Involvement

For more information, contact Jodi Parker at Jodi.Parker@Schools.Utah.gov



State Spotlight: Utah



“Start Smart Utah is a program that pushes forward the importance of school breakfast, and by ensuring that each student has the opportunity to have breakfast while at school we can also ensure then that students lean into the day ready to learn.”

– Dr. Sydnee Dickson, Utah State
Superintendent of Public Instruction



Key Partners: Utah Department of Health, local health departments, local districts and charters, Utah Breakfast Expansion Team, Action for Healthy Kids, Get Healthy Utah, Playworks, Brigham Young University (BYU), Utahns Against Hunger

Results/Impact: More Utah students have access to breakfast. Students have a right to active recess. Local Education Agencies (LEAs) have access to better resources and supports for implementation of wellness policy.

Websites:

<https://startsmartutah.org/>

<https://schools.utah.gov/cnp>

<https://schools.utah.gov/curr/pe?mid=909&tid=6>

<https://schools.utah.gov/board/utah/strategicplan>

For more information, contact Jodi Parker at Jodi.Parker@Schools.Utah.gov